



Proudly brought to
you by
Kwanda Kinetics
Centre



**Kwanda
Kinetics**

CHILDHOOD NUTRITION WORKSHOP

BOOK NOW!

Place: Breakthru Life, JHB
Time: 8:00 - 13:00
Date: Saturday, 13 May 2017
Presenter: Madelein Helm, Nutritionist

- | | |
|--------------------------------|---------|
| * Early bird (before 13 March) | R525 pp |
| * Individual (after 13 March) | R595 pp |
| * Group fee (4 persons) | R485 pp |

To register:
marene@kwandakinetics.co.za
079 528 5076

TOPICS

exam
stress

Concentration
problems

LUNCHBOX
IDEAS

nutritional
deficiencies

signs &
symptoms

nutritional
intake

About the speaker

As a nutritional and lifestyle consultant Madaleine is dedicated and passionate about improving the health and wellbeing of individuals. Madaleine started in the nutrition field in 1998. It has been her passion to become a beacon of health to her community and to those around her. In the process she opened the Live Well Nutrition Centre to reach out to people all over the world. As a seasoned Speaker, hosting Women's days, Seminars and Workshops, interviewed on Radio shows, writing for Health Magazines, Madaleine's passion is to educate women in taking responsibility for their family's health and help them raising healthy thriving children.